Elder Law Issues

In Retirement

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Important legal and practical issues that arise in the lives of retirees.



Topics

- Resources for decision making
 - Medicare
 - Long-term care financing
 - Long-term care options

- Long-term care in facilities
- Decision making by others
 - Guardianship and Conservatorship
- Abuse/Neglect/Exploitation

Free Medicare Assistance through State Health Benefit Plan

- SHBP representatives are available at 800-610-1863
- Or go online at https//shbp.georgia.gov/retirees-0/retirees-medicare
- Representatives answers questions about Medicare
- The website includes Frequently Asked Questions

Planning for Long-Term Care

ADRC HCBS Facility options

- Nursing Homes
- Assisted Living
- Personal Care Homes
- CCRCs

- Rights of LTC Residents
- Long-Term Care Ombudsman Role
- Documents to complete
- Other resources
 - Regulators
 - Elderly Legal Assistance Program
 - Law Enforcement

Aging and Disability Resource Connection

- 866-552-4464 extension 2
- www.empowerline.org

- Data base of aging and disability services
- Options counselors provide information on options
- Service is free

Home and Community Based Services (HCBS)

- Local Area Agencies on Aging(AAAs) provide HCBS in their region
- Some services are means tested
- AAAs also have access to private pay services

- Services include:
 - Meals on Wheels
 - Congregate Meals at Senior Centers
 - Homemaker Services
 - Personal Care Assistance
 - Chore Services

Long Term Care Facility Options

- Continuing Care Retirement Communities, also called Life Plan Communities – private pay
- Assisted Living private pay
- Personal Care Homes (licensed/unlicensed) may be private pay or may include Medicaid
- Nursing Homes limited Medicare, private pay, Medicaid



Long-Term Care Financing

- Long Term Care Insurance
- Medicaid and Medicaid
 Planning (Seek an Elder Law
 Specialist, what to look for)
- Self-funding- expected costs and options



Medicare and Long-Term Care

What does Medicare cover?

What doesn't Medicare cover?

When and how to plan



Costs of Long-Term Care

- NH in Georgia \$7,000 -\$8,000/month
- Assisted Living as much or more than NH
- Veterans may qualify for Dept. of Veterans Affairs Aid and Attendance

- Medicare pays for first 20 days of NH if in the hospital for 3 days prior.
- 21st day to 100 day requires a copay. Check your Medicare Advantage plan for their co-pay amounts.
- After 100 days Medicare no longer pays.

Residents of LTC Facilities Have Rights

Federal Law

- Federal NH Reform Act OBRA 87
 - Quality of Life and of Care
 - Individualized Care Plans
 - Freedom from Unnecessary Restraints
 - Rights (to return to facility, personal funds, choice and participation, etc.)

Georgia Law

- Bill of Rights for Residents of LTCFs
 - Appropriate Care
 - Privacy
 - Visitors
 - Discharge

What to Do if Concerned for a Resident

- LTC Ombudsman
 - Who we are
 - What we do
- Regulators (HFR)
- Law Enforcement (GBI)
- ELAP
 - Who we are
 - What we do



Who Long-Term Care Ombudsmen Are

- Office of the State Long-Term Care Ombudsman
- Six regional contractors
- Approximately 45 certified
 Ombudsman Representatives
- Serve 80,000 + long-term care residents

- Authority to advocate in
 - Nursing Homes
 - Assisted Living Communities
 - Personal Care Homes
 - Intermediate Care Facilities for Individuals with Intellectual Disabilities
 - Community Living Arrangements

Long-Term Care Ombudsman Program

- Advocates for residents
- Routine visits/complaint response
- Complaints are confidential
- Not mandatory reporters
- Resident directs all actions
- Resolution to resident's satisfaction

- Community education
- Consultation to facilities
- In-service training for facility staff
 - Resident Rights
 - Abuse and abuse reporting

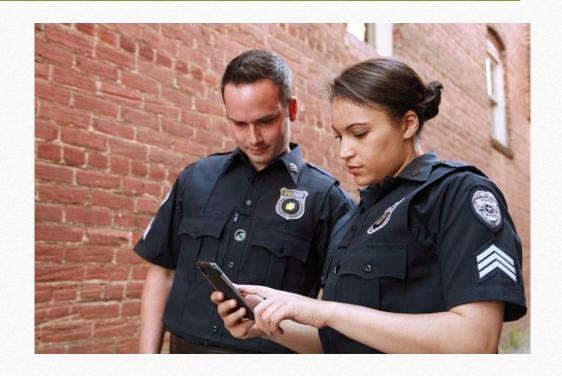
Healthcare Facility Regulation Division, Department of Community Health

- HFRD
- Licenses health care facilities including long-term care facilities
 - Surveys long-term care facilities for compliance with federal and state law and rules as applicable

- Receive and investigate complaints
- Sanctions facilities for noncompliance
- Most surveyors are clinicians

Law Enforcement

- If crime committed in the community
 - Report to local law enforcement
 - Home Repair scams
 - Telephone scams
- If crime committed in facility
 - Report to local law enforcement
 - May request GBI assistance



Elderly Legal Assistance Program (ELAP)

- Provide civil legal advice
- Older adults 60+
- Free
- Priority areas



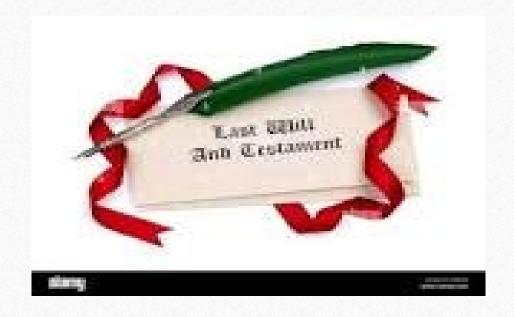
Senior Legal Hotline

- Provides free legal advice
- To or on behalf of individuals
 60 or older
- Brief advice and assistance
- 866-552-4464 option 7



Documents for Future

- Advance Directive for health care and end of life decisions
- Financial Power of Attorney –
 for managing finances
- Will for distributing your assets after you die



Guardianship/Conservatorship

- Court Process/Court Oversight
- Adversarial process
- Alters legal status
- Restricts rights and places decision making in the hands of another
- Studies show it is rarely tailored



Guardianship/Conservatorship

- Court determines who makes decisions
- Control of personal decisions guardian
- Control of financial decisions conservator
- Some rights retained



Elder Abuse, Neglect and Exploitation

- What it is
 - Financial
 - Physical
 - Neglect
- How to Spot it
- What to Do
- Reporting
- Remedies



Consumer Fraud Issues

- Not just for seniors
- Common forms
 - Lottery Scams
 - IRS scams
 - Internet Scams
 - Distress calls from a relative
 - Marriage Scams



Precautions

- Prevention is key
- Think before you "click"
- If it sounds too good to be true . . .
- Slow down if someone is pushing you to make a quick decision



What to do if you are a Victim of Fraud (hint: don't be ashamed or quiet!)

- Georgia Remedies
 - Local Law Enforcement
 - GBI/Attorney General
 - Georgia Fair Business Practice Act
- Federal Remedies
 - Consumer Financial Protection Bureau, Federal Trade Commission, Securities and Exchange Commission, U.S. Postal Service
- Private Orgs (BBB, etc.)



Who Can Provide More Information

- Aging and Disability Resource Connection
- Georgia Division of Aging Services
- Federal Administration for Community Living
- Local Area Agency on Aging
- Private Groups (AARP, Alzheimer's Association, Georgia Council on Aging, etc.)



Thank You!

Any Questions?

